

Foundation Skills Framework
Self-Appraisal Rubric

Name: _____

	1	2	3	4
	Insufficient	Minimal	Sufficient	Excellent
Basic Workplace Skills Questions 1-9	Majority of answers are "Almost never like me"	Majority of answers are "Sometimes like me"	Majority of answers are "Quite a bit like me"	Majority of answers are "Almost always like me"
Basic Workplace Knowledge Questions 10-17	Majority of answers are "Almost never like me"	Majority of answers are "Sometimes like me"	Majority of answers are "Quite a bit like me"	Majority of answers are "Almost always like me"
Basic Employability Skills Questions 18-23	Majority of answers are "Almost never like me"	Majority of answers are "Sometimes like me"	Majority of answers are "Quite a bit like me"	Majority of answers are "Almost always like me"
Lifelong Learning Skills Questions 24-30	Majority of answers are "Almost never like me"	Majority of answers are "Sometimes like me"	Majority of answers are "Quite a bit like me"	Majority of answers are "Almost always like me"